



## Application for 500-Hour Teacher Training

Full Name \_\_\_\_\_

Mailing Address

\_\_\_\_\_  
\_\_\_\_\_

(Phones) Home \_\_\_\_\_ Work \_\_\_\_\_ Cell \_\_\_\_\_

Email

\_\_\_\_\_

Date of Birth \_\_\_\_\_

1. Attach copies of your 200-hour certification and/or Yoga Alliance Registration.

2. Have one professional reference completed and forwarded to us.

(Please use the reference form enclosed.)

3. On a separate piece of paper, briefly address the following\*:

(\*If you received your 200-hour certification through the Himalayan Institute, answer question C only.)

a. List and describe your yoga teacher training experiences including: school or teacher, location and date, and program focus.

b. Have you completed any specialized training, e.g., yoga therapy? Where? When?

c. List and describe your teaching experience. Include how long you have been actively teaching, number of classes you teach each week, populations you teach, e.g., general classes, special populations, etc., levels you teach, and if teaching is your full-time work.

d. Do you include meditation in your teaching?

4. Please sign this form and return it with your deposit and a passport-size photo. Your photo allows us to establish a relationship with you prior to your arrival, and will not be used in the screening process.

I understand that acceptance for admission to this program is based upon the Institute's assessment of my general qualifications and that the admission decision is at the sole discretion of the Himalayan Institute.

Signature \_\_\_\_\_

Date \_\_\_\_\_

### Payment

Payment Plan Details:

- Check is enclosed
- Visa  MasterCard Amount \$ \_\_\_\_\_
- Credit Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_
- Signature \_\_\_\_\_
- Date \_\_\_\_\_
  
- Send your application, photo, and payment information to:

Himalayan Institute / Attn: YTT-500 •300 Beverly Road, Pittsburgh, PA 15216  
For more information call (412) 344-7434 or Email: [kate@hipyoga.org](mailto:kate@hipyoga.org)

- Initial Deposit Early Bird Tuition: \$589 (reserves your seat and covers the tuition for Weekend 1)
- Initial Deposit Regular Tuition: \$789 (reserves your seat and covers the tuition for Weekend 1)
  
- 14 Monthly Payments due at the beginning of Weekends 2-15: \$265

## Reference for Yoga Teacher Training

Himalayan Institute of Pittsburgh

Applicants to the 500-hour teachers training certification program are required to submit a reference. Your input regarding the applicant will enable us to better evaluate her/his qualifications. Thank you for your assistance.

Name of applicant for 500-hour training \_\_\_\_\_ (Please print)

1) In what capacity have you known this applicant and for how long?

2) We would appreciate your comments regarding the applicant, their teaching and the place of yoga in their daily life.

Name of yoga teacher giving reference

\_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

Return to: Himalayan Institute / Attn: YTT-500 • 300 Beverly Road, Pittsburgh, PA 15216 or Email: [kate@hipyoga.org](mailto:kate@hipyoga.org)